Occupational First Aid

Who needs to do this course?

If you work in a high risk environment or with heavy machinery an Occupational First Aid qualification may be required to ensure you, your staff and employees are protected against potential dangers.

Our Occupational First Aid course equips students for emergencies in a high risk work environment and provides the skills necessary to be responsible for a first aid room.

Training is face to face and assessment is through a combination of practical activities and a written theory assessment. You will be required to demonstrate CPR on a manikin on the floor for a set period of time.

This course has been developed to assist your personnel in the workplace to handle First Aid emergencies and is designed to allow the trainee to complete it over several sessions. These sessions are made up of:

- Basic first aid / CPR
- Advanced first aid
- Advanced resuscitation
- Manage first aid services and resources

Course duration: 4 days

Students who have completed HLTAID003 Provide First Aid within the previous 12 months may request an exemption from day one of the course.

Content:

- Relevant first aid legislation
- First aid in the context of the workplace
- Clinical assessment in detail
- Oxygen therapy and application of an AED, including equipment maintenance
- Basic anatomy of all body systems
- Triage
- Managing all aspects of a first aid room
- Documentation / reporting
- Planning a response to a major incident
- Eye injuries
- Lifting and moving of a casualty
- Head, neck and spinal injuries including use of spine board
- Overview of childbirth
- Emotionally disturbed casualties
- Casualties under the influence of drugs and alcohol
- Post incident management

COMPETENCIES

Occupational First Aid

- HLTAID001 - Provide cardiopulmonary resuscitation
- HLTAID002 Provide basic emergency lift support
- HLTAID003 Apply first aid
- HLTAID006 Apply advanced first aid
- HLTAID007 Provide advanced resuscitation
- HLTAID008 Manage first aid services and resources
- HLTSS00027 Occupational first aid skill set

On-site or in house courses can be tailored to suit the needs of the workplace.